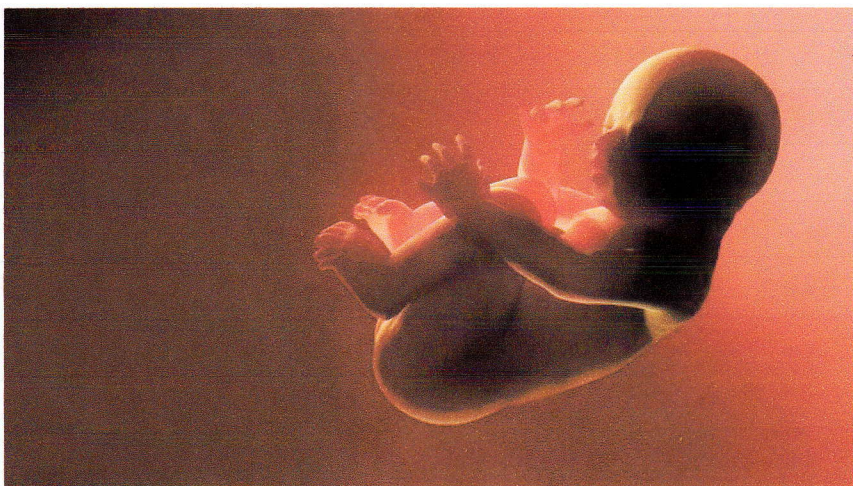


BabyDoze app plays womb sounds to calm sleepless infants

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In one major hospital trial, the BabyDoze app calmed babies on 122 out of 124 occasions. Picture: Thinkstock
Source: The Australian



Canadian musician Barry Authors invented an app that puts babies to sleep in five minutes by emulating womb sounds. Picture: Thinkstock
Source: Supplied

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A CANADIAN musician has invented a mobile phone app to lull restless infants to sleep.

The brainchild of new father Barry Authors, the BabyDoze app emulates the "familiar and reassuring" sounds of the womb with stunning success.

In one major hospital trial, the app was shown to calm crying babies on 122 out of 124 occasions, usually in less than five minutes. The device was found to be significantly more effective than playing music or cuddling.

Authors came up with the idea while his wife was pregnant, persuading hospital staff to record the noises made in his wife's womb.

The recording was made using a Doppler and a specially adapted microphone. The sounds that can be heard are made by the mother's blood flowing through the placenta.

The app is already gaining popularity in Australia - where it can be downloaded for \$6.49 - and in Canada and the US.